**Chapter Five**

**How to live by the Holy Spirit’s power**

**Expected Outcome**

1. To understand the essential Scriptures explaining the person and purpose of the Holy Spirit. Read John 16:7-15; Rom.8:1-39; Gal. 5:16-25; Eph. 5:15-21.
2. To learn how to live in the power of the Holy Spirit every moment.
3. Has memorised Gal. 5:22-23
4. Bear in mind that a further study about the Person and works of the Holy Spirit is desirable.

**Personal Preparation for BS**

1. Memorise Gal.5:22-23
2. Have read and meditated the Scriptures above?
3. Text as reminder for BS
4. Prepare session lesson plan
5. Pray for wisdom for all

**Be an Example**

1. Memorise Gal 5:22-23
2. Do you have additional notes for this session? It is important that you have some answers to some important questions.

**Some Questions may be asked**:

Who is the Holy Spirit?

Who has the Holy Spirit?

When does a person receive the Holy Spirit?

What is the work of the Holy Spirit?

How can we avail ourselves of His power on a moment-by-moment basis?

**Essential Concept to understand**

Read John 16:7-15; Romans chapter 8; Gal.5:16-25; Eph. 5:15-21

This study is just “basic”, but it emphasises a few key principles and application.

Read John 16:7-15 The work of the Holy Spirit

1. According to John 16:7, who sent the Holy Spirit? (see also John 14:26)

a.……………………………………………………………………

2. John 16:14 gives an important purpose of the Holy Spirit. What is it?

a………………………………………………………………………

3. What are some of the other missions of the Holy Spirit?

1. John14:26…………………………………………………………...
2. John15:26…………………………………………………………...
3. John16:8…………………………………………………………….
4. John16:13…………………………………………………………...

Read Rom. 8:1-39 The Holy Spirit-the Key to victorious living

The passage gives us a beautiful description of the benefits of victorious Christian life. It also gives us the source of power. It begins with “No condemnation” it ends with “no separation from the love of God.” The Holy Spirit is mentioned many time-one out of every three verses refers to the Holy Spirit. Carefully read the passage and answer the questions below:

1. How many times is the Holy Spirit mentioned in Romans chapter 8?

a……………………………………………………………………..

1. How do we know a person is truly a believer, according to v.9?

a…………………………………………………………………………

1. How does Paul describe a “son of God” in v.14?

a…………………………………………………………………………

Read Galatians 5:16-25 Conflict and Choices

1. What is the conflict Paul describes in verse 17?

……………………………………against……………………………

1. Write the contrast Paul describes in 5: 19-21

…………………………………………………………………………

…………………………………………………………………………

…………………………………………………………………………

…………………………………………………………………………

“Fruit of the Spirit” Gal.5:22-23

…………………………………………………………………………

…………………………………………………………………………

**Note:** Notice that the word “fruit” is singular. Why is that? Is it possible to have just one fruit of the Spirit? (e.g. love) and not another?

1. How is the war between the flesh and the Spirit resolved according to v. 16?

a…………………………………………………………………………

1. Verse 16 presents to us a choice. We can live (walk) by the Spirit or we can gratify the desire of the sinful nature (flesh). Such choice was not always possible. Before we became Christians, we were slaves to sin Rom.6:6 says this. Now that we become a Christian, why don’t we have to gratify the desires of the sinful nature? Find the answer in v.24. Also Rom. 6:1-11 has a good answer.

**Note:** Romans chapter 6 provides a better explanation on this subject. It tells us how a believer is freed from the power of sin when we received Christ as our personal Saviour and Lord. Spend time to meditate on Rom.6.

Read Ephesians 5:15-21 “Be filled with the Spirit.”

1. What is Paul’s exhortation in v.17?

a…………………………………………………………………………

1. What command is given in v.18?

a…………………………………………………………………………

12. Why does Paul compare being filled with the Spirit with being drunk with wine?

a…………………………………………………………………………

**Note:** The drunkard and the Spirit-filled Christian are controlled persons. The drunkard is controlled, but there is chaos, while the believer is controlled, but there is order. So for entirely different reasons they act and think in ways not natural for them. Most Greek scholars:

(a) Agree that the term “be filled” is better translated “be controlled”

(b) The mode of the verb is imperative. This means the words “be filled” are a command.

(c) The Greek verb “be filled” speaks of a continuous process, that is, to be constantly moment by moment controlled by the Spirit.

This command to “be filled” implies that even though all Christians are indwelt by the Holy Spirit (Rom.8:9, 14, 16), not all are controlled by the Spirit. We must first desire that control and then trust Jesus Christ for that control.

**Fellowship and Sharing**

1. Make your time and fellowship rewarding-by building friendships.
2. Review the memory verse and answer some unanswered questions. This is a huge study, but you might do it again for the second time.

**Summary and Conclusion**

1. Who is the Holy Spirit? He is God’s Spirit. The third Person of the Trinity. 1 Cor.2: 10-13; Eph.4:30; Matt. 28:19
2. Who has the Holy Spirit? Every believer has the Holy Spirit and receives Him the moment he receives Christ as personal Lord and Saviour. Rom.8:9-14; 1Cor. 3:16
3. What is the work of the Holy Spirit?

\*To glorify Christ on earth

\* To teach us about what Christ said

\* To indwell every believer and empower them to lead a victorious life

John 15:26; 16:14; 14:26; 16:13-15; Acts 1:8; Rom.8:9, 14, 16; Gal. 5:16

1. How can we personally experience the power of the Holy Spirit?

Even though we are believers and God commanded us to be controlled by the Spirit on a moment-by moment basis, it is not automatic. We need to realise that there is a conflict between the Spirit and the flesh. This exist in every believer. Therefore, we must take a conscious choice to keep in step with the Spirit, desiring to be controlled and empowered by the Spirit, yielding ourselves to that control and trusting Him to control us.

1. When we sin and go our own independent way, we quench the Spirit. We must confess our sins and yield to His control and leading. 1Jn.1:9; Eph.4:30; 1Thess. 5:19.

**Closing Prayer**

1. Consider some of the answered prayers and Praise Him
2. Pray for the Spirit’s empowerment in your life and be obedient to His leading.

**Assignment**

Prepare for the next lesson and meditate memorise Philippians 4:6-7

**Chapter Six**

**How to Communicate with God**

**Expected Outcome**

1. To develop an understanding of the principles of prayer. Basic study read Luke 11: 1-13; Luke 18:1-14; Phil. 4:6-7
2. Be able to apply these principles in daily life.
3. That he/she understand the importance of prayer, especial time with God
4. That he/she memorised Phil.4:6-7

**Personal Preparation for BS**

1. To memorise Phil.4:6-7 before BS
2. Has read and completed the Scripture lessons above
3. Text reminder about BS
4. Prepare the lesson plan
5. Pray for enlightenment and growth

**Be an example**

1. Have you memorised Phil.4:6-7?
2. Are well prepared for this study?
3. The student can sense of you are prepared. This study clearly shows the basis of prayer

**Some Questions may be asked:**

What is prayer? Talking with God, not just talking to God.

Why should we pray?

What are some barriers to effective prayer?

What are some pre-requisites to effective prayer?

Why should we pray in the name of Jesus?

**Essential concepts to understand**

Read Luke 11:1-13 The principles of prayer

1. What was the request of Christ’s disciple in v.1?

a……………………………………………………………………..

1. In vv 2-4 the Lord used a prayer to illustrate how his disciples ought to pray. Read it very carefully and then write the verse number for each part of the prayer shown below.

Adoration, …… Confession……. Supplication………

1. Jesus uses a parable about an ‘unfriendly’ friend to illustrate a principle of prayer in verses 5-8. According to verse 8, what is this principle?

a……………………………………………………………………..

1. What three instruction and promises did Jesus give in verse 9

Instructions Promises

…………………………… ………………………………………

……………………………. ………………………………………

…………………………… ……………………………………….

1. In your own words, what are the principles of prayer illustrated in verses 9-10?

a………………………………………………………………………

b………………………………………………………………………

1. In verses 11-13 Christ shares another parable illustrating a second prayer principle. According to verse 13, what is this principle?

a……………………………………………………………………

1. What was Christ doing in verse one when his disciple made this request?

a……………………………………………………………………

Now read Luke 5:15-16. You can see here the importance of Christ’s ministry. Even though there was strong acceptance and intense need on the part of the multitude for this ministry, what do we see Christ doing in verse 16?

a……………………………………………………………………

Read Luke 18:1-14 Parables on prayer

1. According to verse 1, when should we pray? ……………………………………………………………………..
2. What is the thing we should not do when we pray? ……………………………………………………………………..
3. Another parable on prayer is shown in verse 2-5. This one concerns “the widow and the unjust judge.” What is the prayer principle the Lord is teaching?

a……………………………………………………………………

1. The next parable (verses 9-14) concerns the attitude of prayer. We see two men and their prayers. The Pharisee’s prayer in verse 11 and 12. How many times is the pronoun “I” used in his prayer? ………
2. What attitude does this communicate? ………………………………………………………………………
3. Compare the “Pharisee’s prayer” and the “tax collector’s prayer” in verse 13. What was the Lord’s conclusion in verse 14? ……………………………………………………………………

Read Philippians 4:6-7. Present your request to God.

1. According verse 6, what are we to pray for?

a……………………………………………………………………

1. What should be our attitude as we make these requests?

a……………………………………………………………………

1. Why should we not be anxious?

a……………………………………………………………………

**Note**: One of the most profound prayers in the Bible is the prayer of Jesus Himself in John 17. This is truly the Lord’s Prayer. It is a farewell prayer in the Garden of Gethsemane the night before He died on the cross. Set aside a special time with the Lord today in prayer and meditation of His word.

**Fellowship and Sharing**

1. Perhaps you can kindly ask how the study last week on how walking in the power of the Spirit was applied during the week. Or any further questions….
2. May be you need to spend some recreational time together, or eat together somewhere etc.

**Summary and conclusion**

1. Prayer is communication with God.
2. We are to pray about everything
3. We must pray with perseverance
4. Pray with a clean heart, in faith, abide in Christ, ask in Christ’s name, and ask according to God’s will

**Closing prayer**

1. Ask if he/she wants to lead in prayer-just normal talking to God
2. Ask for prayer requests-to be specific.
3. Always offer ‘thanksgiving’ in everything.

**Assignment**

1. Think of some questions during the week ‘about prayer’
2. Reread some of the previous concepts for further clarification
3. Memorise the verse for the week
4. Read the next lesson