**Chapter One**

**How to ‘know’ you have eternal life.**

**Expected outcome**

1. To ‘know’ you have eternal life.

2. To understand essential verses that provide assurance. John 5: 24;10:27-30; 1 John. 5: 11-13

3. Has memorised the assigned verses, 1 John 5:11-13

**Personal preparation before BS**

1. Have you memorised the ‘memory verse’ 1 John 5: 11-13?
2. Did you understand the major concepts?
3. Did you prepare the session lesson plan which includes schedule, key concepts and discussion points, and some questions you have in mind to cover in your session?
4. Did you pray for this special time, for God to work in your life and for others?
5. It is important to prepare some questions related to the discussion points. You will best achieve your objectives or outcome if you write the questions out in your lesson plan. It does not need to be a long lesson plan, but just an outline and a few rough notes written out on a piece of paper. A Notebook will do and you can use it again for other studies. If you have a plan you can control time and ask the right question in the right order.

**Be an Example**

1. Scripture memory review. As a leader have you committed
2. John.5:11-13 to memory? It is important that you set an example.
3. Do you have workbook or notebook with notes written on it during you study preparation. The person or group would know you are serious about this study. Be an example.

**Essential concepts to understand.**

Read John.5:24; John 10: 27-30; 1 John 5:11-13.

Carefully read and meditate on the basic Scripture verses which you are going to discuss. Make sure you answer the questions below. You have your own copy and hand out photocopies to others. Be aware that although you are well-prepared for this study, you may not have the time to cover all the questions with your group. Through experience you will be able to choose the questions you feel best illustrate the concept, and enter them into your lesson plan.

*John 5:24 “Eternal Life”*

1. What two things must happen for a person to have eternal life?

a…………………………………………………………………..

b…………………………………………………………………..

1. What three promises does God make to those who believe in Christ?

a**………………………………………………………………………**

b**………………………………………………………………………**

c**…………………………………………………………………**

John 10: 27-30 “I and the Father are one.”

1. What three promises does Christ make in verse 28 to those who follow Him?

a………………………………………………………………………

b………………………………………………………………………

c………………………………………………………………………

1. According to verse 28, what is the source of eternal life?

a………………………………………………………………………

1. What is the importance of the claim Jesus makes in verse 30?

a………………………………………………………………………

1. 1 John 5:11-13 “He who has the Son has the life.”

In what ways would the concept of eternal life reflect quality or type of life as well as duration?

a………………………………………………………………………

1. What two types of people are described in verse 12?

a…………………………………….b………………………

1. Who can have eternal life?

a………………………………………………………………………

1. How can one obtain eternal life? (Read also John 3:16)

a………………………………………………………………………

1. What does the word ‘believe’ mean? (Read also John 1:12)

a………………………………………………………………………

1. What reason does John give in verse 13 for writing this letter?

a………………………………………………………………………

1. What is the meaning of the word ‘know’?

a………………………………………………………………………

**Fellowship and sharing .**

Begin your discussion of the major concept with a question. Bear in mind that your primary session aim is—that he (she/they) KNOWS he has eternal life. This is very important to KNOW. Because this is his opportunity to lay a foundation upon which he will build the rest of his Christian life (1Cor.3:11).

The emphasis is that we are to KNOW, not just FEEL we have eternal life; and we can base that knowledge on the fact and promises of God’s Word.

Sharing the concept, one with another, to enhance understanding

**Summary as conclusion**

1. Eternal life is a GIFT from God John 10:28; 1 John 5:11
2. We can RECEIVE the gift of eternal life by believing (entrusting ourselves to the keeping of) in Christ Jesus. John 5:24; 1 John 5:13
3. WE can KNOW that we have eternal life because of the trustworthiness of God (Titus 1:2) and the authority of His Word.
4. The truth or concept you have just studied is transferable to another person.
5. At this time, after giving the summary, may be it is appropriate to ask him (her/they) a question. Ask him how he would explain to another person how he could know for certain he has eternal life.

**Closing Prayer**

1. Keep in mind that a young believer does not know how to pray. You lead the prayer.
2. At this time he may be very self-conscious about praying aloud.
3. Briefly explain that prayer is simply talking with God. It is like a dialogue between two people who love each other.
4. He may be hesitant to pray. Be patient. His confidence will increase as he grows.
5. But if he is willing to pray, suggest that you both thank the Lord Jesus for dying on the cross for your sins and giving you eternal life.
6. Thanking God is an expression of your faith for His work in your life.

**Assignment:**

**Study the lesson for the next session. State the date, venue and time.**

**Chapter Two**

**How to understand the work of Christ**

**Expected outcome**

1. **To understand some of the essential verses that explain the work of Christ**

**Rom.5:8; Phil.2:5-11**

1. **To develop a sound understanding of the Gospel—that Christ is God, He died on the cross for our sins, and He was resurrected.**
2. **To memorise Rom.5: 8**

**Personal preparation before BS**

1. Memorise the Scripture memory verse Rom.5: 8
2. Complete the basic Scripture study of the major concept.
3. Reminder via FB about the study
4. Prepare a session lesson plan
5. Pray for a deep hunger for God’s Word.

**Be an Example**

1. Scripture memory review. As a leader have you committed Rom.5: 8 to memory? It is important that you set the example.
2. Do you have workbook or notebook with notes written on it during you study preparation. The person or group would know you are serious about this study. Be an example.

**Essential concept to understand. Study Rom. 5:8; Phil. 2:5-11**

The big word is ‘Incarnation’ which means in Christ God came into this world in human form to reconcile the world to Himself (Col.1:19-20). This study is to understand and personally apply the ‘work of Christ’ - His life, His death, and His resurrection. Paul shows us a brief overview of Christ’s work in Phil.2:5-11. Read these verses and answer below.

1. Phil.2: 6 says Jesus Christ is God. Here, in Phil.2:6 Paul gives us a description of the nature (form) of Christ before He came upon this earth. What was this nature? (see also Col.1:19)

a…………………………………………………………………….

1. Phil. 2:7 Says God becomes a Man. Describe the form and likeness of Christ as shown in verse 7

a………………………………………………………………………

**Insight**: What did Jesus Christ give up when He exchanged the form of God for the form of man? Turn to Revelation 1:12-18 and read John’s description of Christ in heaven.

Read Phil.2:8; Rom.5: 8. God pays the penalty for our sins

1. Read Phil. 2: 8—What was the consequence of Jesus’ taking on the form of a man?

a………………………………………………………………………

1. In verse 8, Paul notes that in dying, Christ was obedient. Matt.26:39 provides further insight. Who was He obeying?

a………………………………………………………………………

1. Read John 1:29 and Colossians 1:20. Summarise in your own words the purpose of Christ’s coming to earth

a………………………………………………………………………

………………………………………………………..........................

1. How does this purpose applied to you personally? Hint? Reread Rom.5:8

a…………………………………………………................................

The best way to apply this to your life is to write out Rom.5:8 in singular form. Write “me” instead of “us.” “But God demonstrates His own love for … in this.

While ……were still sinners, Christ died for …….”

1. Why did Jesus Christ have to die to accomplish His purpose? Hebrews 9: 22 provides the answer.

a………………………………………………………………………

**Insight**: This passage of Scripture gives us a clear picture of the death of Christ, and coveys to us the sacrifice He made on our behalf. Perhaps you may read Isaiah 53 and meditate on this precious chapter.

1. Read Phil.2:9-11. The Father exalts Christ as Lord. What was God’s response to Christ’s obedience? Paul gives four specific things God did.

a……………………………………………………..

b……………………………………………………..

c……………………………………………………………

d……………………………………………………………..

1. Now, notice the progression Paul has given us in Philippians 2:5-11.

What are they?

1. 2:6 Jesus in the form of……….
2. 2:7 Jesus becomes ……………
3. 2:8 Jesus dies………………...
4. 2:9 therefore God ………Him
5. Read Mark 16:19. Where is Jesus now?

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1. In Corinthians 15: 17 Paul explains to us the importance of the resurrection to our faith. What does Paul say the consequence would be if Christ were not risen from the dead?

a………………………………………………………………………

**Fellowship and memory verse, and major concept**

1. You may begin by sharing personal application of the verse, as well as other daily activities. It shows your interest in the person.

2. Review you first memory verse 1John 5:11-13. Still memorise it?

3. Also today’s memory verse Rom.5:8. Revision is always good.

4. Always remember your expected outcome and emphasising your key points and concept.

**Summary as Conclusion (This is important doctrine)**

1. Jesus Christ is GOD Phil.2:6; Col. 1:19
2. He came to earth in the form of a MAN Phil.2:7
3. His purpose was to pay the penalty of our sins and RECONCILE us to God. Rom. 5:8; Phil.2:8; Col. 1:20.
4. He was RESURRECTED and now sits at the hand of God in heaven

Phil. 2:9-11; Mk. 16:19

1. Keep in in mind your expected outcome. Emphasise the point that Christ died for the penalty of your sin (Rom.5:8). Personal application of the concept studied is importance.
2. Perhaps it is time to ask: How well do you understand the essential elements of the gospel? Read 1 Cor.15:1-5 gives a great answer. Then further ask: “What is the essence of the gospel message.

**Closing Prayer**

1. Consider the first ‘closing prayer’ in previous lesson.
2. Be patient. Let the him (her/group) be comfortable
3. You may lead the prayer again and start by saying, “Let us thank God for sending His Son to die on the cross for our sin…”

**Assignment:**

**Study** the next lesson and do not forget your memory verse.